

YMCA 4/26 Gail Eaton

Music: YMCA - Village People

NOTE: Need to be in lines close together to hit ball next to each other

Intro	March with Pullbacks
Horns	W
Young Man	RS hits Ball to your Right 2X Both Sticks hits your own ball 2X LS hits Ball to your Left 2X 3X
No Need	Squat 4X
Young Man	RS hits Ball to your Right 2X Both Sticks hits your own ball 2X LS hits Ball to your Left 2X 3X
Many Ways	Squat 4X Rhythm on Top 4X
YMCA	RS Up in Air, Left Stick Up in Air, 4 Criss Cross 2X
They Have	V

YMCA
RS Up in Air, Left Stick Up in Air,
4 Criss Cross
2X

They Have V

Young Man
RS hits Ball to your Right 2X
Both Sticks hits your own ball 2X
LS hits Ball to your Left 2X
3X

But You Squat 4X

No Man
RS hits Ball to your Right 2X
Both Sticks hits your own ball 2X
LS hits Ball to your Left 2X
3X

They Can Help
Squat 4X
Rhythm on Top 4X

YMCA
RS Up in Air, Left Stick Up in Air,
4 Criss Cross
2X

They Have V

YMCA
RS Up in Air, Left Stick Up in Air,
4 Criss Cross
2X

They Have V

YMCA RS Up in Air, Left Stick Up in Air,
4 Criss Cross
2X

You Can V

Young Man RS hits Ball to your Right 2X
Both Sticks hits your own ball 2X
LS hits Ball to your Left 2X
3X

The Whole Squat 4X

That's When RS hits Ball to your Right 2X
Both Sticks hits your own ball 2X
LS hits Ball to your Left 2X
3X

They Can Squat 4X

Rhythm on Top 4X

YMCA RS Up in Air, Left Stick Up in Air,
4 Criss Cross
2X

They Have V

YMCA

RS Up in Air, Left Stick Up in Air,

4 Criss Cross

2X

They Have

V

Instrumental

Knee Lifts – Pull Sticks Straight Up- Arms Bent

YMCA

RS Up in Air, Left Stick Up in Air,

4 Criss Cross

2X

They Have

V

3X